



INSTRUCTIONAL HOURS: 15
RECOMMENDED PRE-REQUISITE(S): N/A
CO-REQUISITES: N/A
APPROVED FOR USE IN ACADEMIC SEMESTERS: 2010/2011

COURSE DESCRIPTION:

Welcome in the world of cultural dance and music into your life by learning various dances to African music. You will learn basic dance patterns of the most famous African music genres both traditional and contemporary such as African Rumba, Zouk, Congolese and East African Dances, Zulu Dance, Makossa, Coupe Decale, Mapouka and African Reggae. At the end of the course, you will be able to recognize different African Music genres and perform corresponding basic dances. About the instructor: Francois was born and raised in Africa with exposure to music and dance from various parts of Africa. Francois has resided in six different African countries where he was part performance group of various African dances. He is now a member of a performance group in Sault Ste. Marie which helps him stay current on African music and dance evolutions. Francois has also participated in dance competitions using his high skill level of African dance in many places around the world.

RATIONALE:

With an increased emphasis on personal wellness and cultural awareness, this course encourages and supports both cooperative physical activity through balance and low impact exercise as well as mental activity by challenging the individual to plan, lead/follow and execute learned steps and movements.

COURSE DELIVERY:

The delivery of this course will include the demonstration of dance movements by the instructor followed by the execution and practice of these movements by the participants to music selected by the instructor. The course elements will be delivered at a pace that meets the needs of the majority of participants. Specific or individual attention for correction and reinforcement will be provided as time permits and need requires.

TOPICS

Session 1: Tour of the various African Music Genres and History
 Session 2: Basic Steps in African Dances
 Session 3: African Rumba
 Session 4: African Zouk
 Session 5: Zulu Dance and other south African Dances
 Session 6: Congolese Music Dance, also known as Soukous
 Session 7: Congolese Bits and East African Dances
 Session 8: Ivory Coast Dances, Makossa, Mapouka, Coupe Decale and other West African Dances
 Session 9: Ivory Coast Dances, Makossa, Mapouka and other West African Dances
 Session 10: African Reggae
 Bonus Session: Invitation to an African Music Party at the end of the Class

REQUIRED COURSE MATERIAL:

Not applicable.

STUDENT EVALUATION

Students will:

At the end of the semester, the student will receive a final report noting his/her progress in relation to the learning outcomes. The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

Certificate:

Students who have successfully completed CED receive a college certificate for

Teaching Contact Francois Nzotungwanimana

**Academic Manager
Signature** "Laurie Poirier"

**NOTICE TO ALL
STUDENTS:** We urge you to retain this course outline for future reference. There is a charge for additional copies.